

# Questions

*To*  
*creating a vision board*

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- 1.** What is one goal you want to accomplish this year (no matter what ) and how will you make that happen?
- 2.** What is one habit that I want to cultivate this year?
- 3.** What is one habit that I want to quit this year?
- 4.** What are things that I want more of in my life?
- 5.** What are things that I want less of in my life?
- 6.** What worked well for me this past year that I want to continue?